FIRST ANNUAL PSYCHOLOGY DEPARTMENT PUB QUIZ

**Come to the Department Holiday Party Thursday, December 18 For the First Annual Pub Quiz!**

Come play a very “questionable game” ... we’re going to simulate a British Pub – with the First Annual Psychology Department Pub Quiz (it may be the only annual Pub Quiz if nobody plays!). **Big prizes** – including a signed photo of Sheldon Cohen! -- trivia galore, and a whole lot of fun. Put your colleagues to shame – or put them to the test! Start gathering teammates (maximum 8 players per team). You are the weakest link, goodbye.

**C O L L O Q U I A  A N N O U N C E M E N T S**

**Wednesday 12/17, noon, Ken Koedinger**

**Tuesday 1/20, 4:30, Jim Magnuson**
**Wednesday 1/21, noon, Jim Magnuson**

**Monday 1/26, 4:30, Nick Yeung**
**Tuesday 1/27, noon, Nich Yeung**

**Monday 2/2, 4:30, Dan Grodner**
**Tuesday 2/3, noon, Dan Grodner**

**Monday 2/9, 4:30, Erik Theissen**
**Tuesday 2/10, noon, Erik Theissen**

**Developmental Job Candidate Talks**
**TBA Very Soon...**

**MARK YOUR CALENDARS....**

Graduate visiting weekend will be February 20-22 this year.
Join us in congratulating Sheldon Cohen!

Sheldon Cohen, the Robert E. Doherty Professor of Psychology at Carnegie Mellon University, has won the American Psychological Association’s prestigious Distinguished Scientific Contribution Award for 2004.

The award honor psychologists who have made distinguished theoretical or empirical contributions to basic research in psychology. Cohen, who received the 2002-03 American Psychological Society’s James McKeen Cattell Fellow Award for outstanding lifetime contributions to applied psychological research, will be honored for his work on the roles of psychological and social factors in health and well-being. He will receive the award in a ceremony in July at the American Psychological Association’s annual convention in Hawaii.

And some practical advice from APA’s Distinguished Scientist...

What to do for your cold?
More Advice from Your Friendly Health Psychologist

For those of you who still insist Echinacea is curing your colds; JAMA reports a clinical trail (random assigned experiment) in children ages 2 to 11 years old. Echinacea had no influence on any of the symptom, symptom severity or disease duration dependent variables. They concluded "Echinacea purpurea, as dosed in this study, was not effective in treating upper respiratory illness symptoms in patients 2 to 11 years old, and its use was associated with an increased risk of rash." How do you treat a cold? Take the across-the-counter antihistamine clemastine fumarate (sold as DayHist but also available as a generic). It has been shown to decrease runny nose. And take ibuprofen to reduce headache and aches and pains. These are the only things that have been shown to make a difference in well-conducted experimental studies... If you believe that stuff!
Here’s your big chance to make a difference!

The PsyCoke crew is soliciting feedback on the current Coke machine menu. Please take a few minutes to add your two cents.

Please rank up to 5 choices from the list below (1=the product you would buy most often; 2=the product you’d be likely to buy next often; etc.

Please print this page and put it in Julie Booth’s mailbox in the lounge or email your responses to juliebooth@cmu.edu.

Which current selection do you buy most often?

________________________ Cherry Coke
________________________ Coke
________________________ Diet Cherry Coke
________________________ Diet Coke
________________________ Diet Dr. Pepper
________________________ Diet Sprite
________________________ Dr. Pepper
________________________ Fresca
________________________ Iced Tea
________________________ Mellow Yellow
________________________ Pink Lemonade
________________________ Root Beer
________________________ Sprite
Jay McClelland trades in his crutches for a shiny yellow “mini”!
Can you name this handsome Psychology Department member?

No one is safe... submit your mystery photos to lholt@andrew.cmu.edu

Happy Holidays from the Psycho? Logical? Bulletin!