Psycho? Logical? Bulletin

March 2006

“Walking to the Sky at CMU”
Courtesy of Ralph “Hulk” Horgan

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BRAIN TICKET WINS IN ELECTION WITH RECORD TURNOUT

Pittsburgh (PLB News) - Plaid Brain, designed by Rachel Diana, has been chosen as the psychology department’s new unofficial logo, according to election monitors throughout the department. The result, which was certified last night at 12:01 AM, ended speculation that Area Groups or Windows #1, Plaid Brain’s two closest competitors, might surge ahead in late polling.

Over 25 people voted in the election, marking a record turnout in any PLB sponsored election that this editor has ever supervised. It narrowly beat the famous “Can you identify the owner of this pet” contest, in which 0 people (aka “zip” “zero” “zilch” “two people: Jack and Squat”) voted. Area Groups finished second in the voting, meaning that if Plaid Brain is unable to fulfill its duties as department logo for any reason, Area Groups will be asked to fill in.

Plaid Brain made an acceptance speech last night in Brain Campaign Headquarters. Brain is expected to throw a lavish inauguration celebration some time in the next few weeks, possibly in front of the City-County building on Grant Street, in Pittsburgh’s downtown district. Although representatives from Mayor Bob O’Connor’s office have sent congratulations to Plaid Brain, O’Connor himself is expected to be unable to attend the inauguration, regardless of what day or time it’s scheduled. Former Mayor Tom Murphy, however, may be available to administer the oath of office.

VOTERS EXPLAIN THEIR CHOICES

Pittsburgh (PLB News) - Although the election is over, fans of each of the logo were more than willing to explain the merits of their choice at exit polls last evening.

The potential of the Plaid Brain as an item of clothing was frequently mentioned by its supporters. “It would be so cool to have a shirt to match my kilt” said one. “I simply don’t have enough plaid in my wardrobe,” admitted another. But enthusiasm for wearing Plaid Brain was not universal, even among those who voted in its favor. As one voted declared, “I’m voting for plaid brain. But that doesn’t mean I have to wear it.”

Area Groups and Windows also evoked vocal admiration from many of their supporters. “I voted for Windows, because it suggests the Windows are clean.” Another supporter of Windows waxed even more eloquently. “I voted for windows because it’s got the subtle connection to CMU going, plus you can think of it as being basically different areas with a united core focus (e.g., mechanisms).” You’ll never look at Windows the same way after reading that quote.

Supporters of the Area Groups logo were just as devoted. “Area groups is my favorite because it includes everyone in the department,” noted one. The colors of Area Groups also attracted support. “I like the colors of the Area Groups logo. They’re fun” declared one voter. Others were not so specific in their reasoning, but they knew what they liked. “I like the cut of Area Group’s jib,” stated one voter.

The PLB has already mocked up some potential clothing and novelty items showcasing Plaid Brain. To learn more about this exciting development, see the story on Page 2.
Plaid Brain, designed by Rachel Diana, might look pretty swell on ANY of these items...

Can’t decide whether to get the doggy shirt or throw pillow? Get both, and then let your dog sleep on the throw pillow!

Hung over from drinking too much beer from your Plaid Brain stein? Sensitive to light? Just walk right over to your Plaid Brain lightswitch faceplate and turn off the light!

The Plaid Brain thong speaks for itself. It’s just too bad that Valentine’s Day was two weeks ago.

Seriously, though, the PLB is going to try and get some department mugs or t-shirts made with the logo. If you’re interested, let us know. And if you want any of these items, check out www.cafepress.com
Dear Dogs and Cats:

The dishes with the paw print are yours and contain your food. The other dishes are mine and contain my food. Please note, placing a paw print in the middle of my plate and food does not stake a claim for it becoming your food and dish, nor do I find that aesthetically pleasing in the slightest.

The stairway was not designed by NASCAR and is not a racetrack. Beating me to the bottom is not the object. Tripping me doesn’t help because I fall faster than you can run.

I cannot buy anything bigger than a king sized bed. I am very sorry about this. Do not think I will continue sleeping on the couch to ensure your comfort. Dogs and cats can actually curl up in a ball when they sleep. It is not necessary to sleep perpendicular to each other stretched out to the fullest extent possible. I also know that sticking tails straight out and having tongues hanging out the other end to maximize space is nothing but sarcasm.

For the last time, there is not a secret exit from the bathroom. If by some miracle I beat you there and manage to get the door shut, it is not necessary to claw, whine, meow, try to turn the knob or get your paw under the edge and try to pull the door open. I must exit through the same door I entered. Also, I have been using the bathroom for years - canine or feline attendance is not mandatory.

Kiss me first, then go smell the other dog or cat’s butt. I cannot stress this enough!

To pacify you, my dearest pets, I have posted the following message on our front door:

Rules for Non-Pet Owners Who Visit and Like to Complain About Our Pets:

1. They live here. You don’t.

2. If you don’t want hair on your clothes, stay off the furniture. (That’s why it’s called “fur”niture.)

3. I like my pets a lot better than most people.

4. To you, it’s an animal. To me, he/she is an adopted son/daughter who is short, hairy, walks on all fours and doesn’t speak clearly.

5. Dogs and cats are better than kids. They eat less, don’t ask for money all the time, are easier to train, usually come when called, never drive your car, don’t hang out with drug-using friends, don’t smoke or drink, don’t worry about having to buy the latest fashions, don’t wear your clothes, and don’t need a gazillion dollars for college -- and if they get pregnant, you can sell the children.
Beetle Invaded by Rodents

Theresa Kurutz never expected that when she bought a gift for Erin Donahoe, that it would be cursed. But it was. Cursed, that is. Cursed with the ability to powerfully attract some kind of rodent. Or possibly even several kinds of rodents.

As Theresa explains, she was on Murray Avenue, buying a gift for Erin, a gift that included beer nuts and pretzels. What Theresa didn’t know, is that beer nuts and pretzels are incredibly popular among the local rodent community. Especially among the members of the rodent community that live in bars.

The bag was stored, seemingly securely, in the trunk of Kurutz’s Volkswagen Beetle for the night. But for the bag, the trunk was not a safe haven: it was a trap! The bag was unable to escape as it was savaged by... er... savage rodents. The next day, Theresa found the bag with a hole the size of a man’s head chewed through it.

Though Theresa has replaced the felt mat of the trunk with sticky mouse traps, and had numerous professionals investigate the scene of the fearsome rodent invasion, no one has been able to locate the rodents, or stop them from re-entering the car at will. To this day, Theresa is not even clear what kind of rodent menace she faces. “It might be mice. Or maybe chipmunks. I’ve had chipmunks in my car before. And one morning I was out in the garage and smelled a skunk, so maybe that’s involved.”

Quite a rogue’s gallery of suspects. Mice, or chipmunks, or squirrels. Or a skunk. Or possibly even a very small bear, or an extremely flexible mountain lion. Rest assured, however, that the PLB will keep you, gentle reader, informed of the latest developments relating to the Rodent Menace.

PLB Editor, Emeritus
Editor Repel Bat Threat

Unbeknownst to many of the peaceful residents of the Psychology department, PLB Editor Erik Thiessen and Editor Emeritus Lori Holt defended Baker Hall from a bat invasion last week.

The incident, which has been variously described as a “plague of flying rodents,” “a horde of angry bats,” and “one medium-sized bat” occurred Friday, April 17th, at approximately 5:20 PM. The bat (or bats - eyewitness reports conflict) was first sighted by Brooke Feeeney and Anna Fisher.

Thiessen and Holt immediately sprang into action. Thiessen opened a nearby window and chased the bat out of Baker Hall, while Lori Holt bravely took pictures on her cell phone. Despite his heroics, Thiessen was characteristically modest when interviewed by PLB reporters.

“It was nothing. Anyone who was prepared to look Death straight in the eyes and laugh could have done it. I mean, sure, the bat had a five foot wing-span, and I’m pretty sure it weighed 20 pounds, but when you get right down to it, that bat was just as scared of me as you probably are.”

All other witnesses were unavailable for comment, which must surely be some sort of coincidence.

* The phrase that starts with “When” and ends with “Animals Attack” has been trademarked by one of the PLB’s rival news organizations.
The Quote Game!

Can you guess which department member said each of these quotes? Draw a line from each quote to its author!

1: I said “Teaching sucks.” That’s a fact.   A) David Rakison
2: Shagging is brilliant!               B) Lori Holt
3: Mmmmmmmmm. Sacrilicious            C) Bob Siegler
4: I was quoting a TV Show! This is unfair! D) Ken Kotovsky
5: You are taking my quotes out of context! E) Anna Fisher
6: Why would you ever ban crotch-lifting?? F) Erik Thiessen

(Answers below!)

Mike Scheier asks department: “Do you need a hug?”

It has been a tumultuous last few weeks in the normally placid department of psychology, and department head Mike Scheier is working hard to make sure that the activity will not result in excessive stress or angst among members of the department. To help ensure the psychological well-being of department personnel, Mike Scheier has instituted a new policy in an attempt to spread cheer.

“The way I see it, if someone feels bad, I feel bad. And then everyone feels bad. So I’m trying to make sure that no one feels bad. That’s the point of my new ‘Do you need a hug?’ policy. I go from door to door in the department and ask people, ‘Are you feeling blue? Do you need a hug?’”

Early response to the program has been mostly positive. Many people have come to look forward to Scheier’s visits, and have nicknamed them “chair-hugs” (like a bear hug, but from the chair). Some have quibbled with the ‘chair-hug’ name, noting that Scheier is the head of the department, not the chair. But suggestions to use the technically correct phrase ‘head-hug’ have met with limited enthusiasm.

Professor’s Attempt to be Hip Fail

Students report that Nick Yeung’s course “Introduction to Cognitive Psychology” is frequently marred by Dr. Yeung’s misguided attempts to appear cool. Yeung peppers his lectures with references to youth trends and entertainment to increase their relevance and comprehensibility to a young audience. However, students say the references fail because they range from dated to incomprehensible, possibly due to Yeung’s age, or the fact that he was raised in a foreign country.

“The other day in class, he was talking about memory, and how he could rattle off the name of every member of New Kids on the Block,” said sophomore Jayna Thompson. “I was like, who? I looked them up after class, and I guess they were a band or something from a long time ago.”

Freshman John Thomas was even more confused.

“In the lecture about language, he explained the concept of synonyms by going into this long spiel about a dead parrot, and all the ways you could say a parrot was dead. In an even more noticeable British accent than usual. I thought it was weird. Was it supposed to be funny? I couldn’t tell.”
March’s Graduate Student of the Month is Lindsey Lopez! Our discussion touches on such wide-ranging topics as diabetes, reality television marriages in Italy, and more! To find out what’s on Lindsey’s mind, read on.

PLB: Where were you as an undergrad?

LL: I did. I went to IU Bloomington for a semester. But then I transferred to IUPUI.

PLB: That’s the one called Ooowee-Poowee, right?

LL: Right! Usually no one has ever even heard of IUPUI.

PLB: Oooowee-poowee has a... basketball team. Or something. Right?

LL: Yes, they were actually the best in their division. IUPUI stands for Indiana University Purdue University Indianapolis. I actually went to the Purdue part of the school, because they had the science department. Does that make any sense? My husband went to the same school. But he has an IU degree, and I have a Purdue degree. But we went to the same school.

PLB: Did you go straight to graduate school from Ooowee-Poowee?

LL: Well, I did my undergrad in 3 years, so I took a year off and decided to work. I got married in between undergrad and graduate school, and I worked in a bank.

PLB: Where did you get married? In Indiana?

LL: No, I got married in Italy. In Tuscany, half an hour south of Florence. We actually got married in a 14th century castle. And there were just 15 of us. It was a nice, intimate wedding. It was fun.

PLB: Is your husband Italian?

LL: No, he’s actually Spanish. His grandfather is from Spain, his father from Puerto Rico. We were going to get married in Spain, but that was right after the bombings. So we decided that Italy would have to suffice.

PLB: Sounds like you suffered.

LL: (Laughs). Yes, it was awful.

PLB: What made you say, “You know, I’m tired of this getting married in Tuscany! I believe it’s time for me to be a poor student!”

LL: Ha ha! It was actually the plan the whole time. I had to wait for my husband to finish his degree, so I took a year off before going to graduate school. And banked. When he finished, we moved here about 5 days later.

PLB: Sounds like a good plan.

LL: It was. It worked out well. I banked, and I worked in a research lab at Oowee-poowee, in my – I guess you would say my adviser’s lab. We don’t really have advisers at Oowee-poowee. Everything’s done online. You really have to go out of your way to see someone.

PLB: Not like here at CMU, where you can’t avoid us!

LL: Yeah. Well, you can. I can just go up to the graduate student wing...

PLB: Ha ha ha! Ah, the grad student fortress of solitude.

LL: (Laughs). Although there’s a rumor the faculty have keys.

PLB: REALLY? Wow! Do you know which key opens the door? (Hands over keys)

LL: (Examines keys). Maybe. Maybe not. If you have it, I probably shouldn’t tell. They’d all kill me if I did.
PLB: You could tell me, and then try to make it up to the rest of the graduate students by saying something really glowing about them.

LL: How everyone’s always there for 12 hours a day working? Make sure you put THAT in!

PLB: Was the research you did at IUPUI related to the kind of work you’re doing now, with Vicki?

LL: Yes, a bit. As an undergrad, I looked at chronic illness, mostly breast cancer, but also fibromyalgia. So that’s what drew me to Vicki’s lab. I wanted to expand the different kind of illnesses I was looking at. So diabetes was definitely an interest. But my interest has kind of diverged since I came here. My first year project is probably going to involve adolescents with diabetes, looking at activity, peer interactions, mood and self-care behaviors. But I think my interest is going more toward benefit finding in the future. Are you familiar with the term?

PLB: No, I was just hoping you’d explain.

LL: It’s when, after experiencing a stressful or traumatic event, a person – instead of focusing on the bad – looks at the positive aspects of it. I’ve become closer to my friends, I’m a stronger person: they look for positives of the experience.

PLB: So is this similar to what Shiota was talking about in her talk, positive reappraisal?

LL: Similar. Positive reappraisal emerged from the coping literature. I would think of positive reappraisal as a way of coping, whereas benefit finding is typically thought of more as an outcome.

PLB: (shuffling papers). I’ve got a list of questions here. Almost like I’m a professional. Let’s see what’s next... Today, as you may know, is prospective graduate student recruiting day. Imagine that you were to bump into a prospective student. What would you tell them, about CMU, about being a graduate student?

LL: Um... it’s always good to get ahead. All graduate students have different problems, but there’s always lots of work to be done. Some people wait to the last minute, and some people do things right away. I think getting ahead on everything is the best advice I have.

PLB: In your first year, here, what has been your biggest challenge? Or biggest accomplishment? You can go either way. Like an ordinal variable.

LL: Ahhh... Well, this is the most challenging semester, so I would say it is the most challenging aspect of my first year. The first semester, there weren’t many classes, so it was kind of leisurely, just kind of took our time. This semester, we have quite a few classes.

PLB: We’ve talked a little about where you’re from, and the kind of work you do. But what – you know, if the PLB was to knock down your door, burst into your house in the evening – what would we find Lindsey Lopez doing?

LL: (Laughs) Probably – this is horrible – probably watching TV, sitting with the cats - we have three cats - and knitting. I made this scarf I’m wearing.

PLB: Impressive.

LL: Finished it just three days ago.

PLB: Just in time for winter.

LL: My husband’s been waiting on a scarf for two years now.

PLB: What TV would you be watching while you’re knitting?

LL: What? Why? OK. I really enjoy Lost. And reality TV. What were you hoping I’d say?

PLB: Er... Lost is good. ... maybe Gilmore Girls. The OC. Smallville. Something like that?

LL: Is that what you watch?

PLB: Hey! Who’s doing the interview here?

LL: You should do Jamie Jirout next. She watches the OC.
**PLB Shout-Out**

This month’s PLB Shout-Out goes to Erin Donahoe, for several reasons. First of all, that spreadsheet she makes, where she breaks down all of the prospective graduate applicants by area group, interest, GRE score, etc., makes my life a LOT easier than it would be if I went through folders by hand.

Second, Erin did some herculean work keeping everything in order on Graduate Student Visiting Day. And she did it while she was on crutches! Without Erin, Visiting Day would have been a lot less fun than it was. Thank you for all the hard work, Erin! And good luck getting that leg healed up.

Should anyone else ever feel like they want to submit a nomination for the PLB Shout-Out, the e-mail address is: CMUPLB@hotmail.com

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**Sports**

The Infant Cognition Lab and the Infant Language and Learning Lab squared off last month, in the first ever Infant Lab Bowling Classic. In the first game, the Language Lab averaged 94.2 points, while the Cognition Lab averaged 88 points. In the second game, the Language Lab averaged 102 points, while the Cognition Lab averaged “Something... I can’t seem to remember” and “You know, score is just a number. It doesn’t really reflect how well you bowled” and “I guess I forgot.”

Above: Members of the Cognition Lab pose with their fearless leader.

Left: Members of the Language lab are happy to have finally figured out how to enter their names in the computer. Note that Dr. Thiessen appears shocked. This may be because he’s just noticed how much Dr. Rakison looks like a rock star. See story, page 12.
Faculty and Students Band Together to Balance the Budget!

In response to what could have been a cataclysmic crash in funding, faculty and students have taken personal responsibility for raising much needed research $. Scheier is pleased to report that, in exchange for summertime service as star body doubles, the liberal media has agreed to fund CMU psychology research. “It gets better,” Scheier adds, “Hollywood has agreed to remove that pesky little ethics review requirement.”

See if you can guess who will be serving as each star’s (okay, star is LOOSELY defined) body double!

FACULTY:
1. B.F. Skinner
2. Napoleon Dynamite
3. Madonna
4. Steven Spielberg
5. Cate Blanchett
6. Anne Frank
7. Tom Cruise
8. George Bush
9. Johnny Cash
10. Matt LeBlanc
11. Sophia Loren

STUDENTS:
1. Liv Tyler
2. Emma Watson
3. Mick Jagger
4. Julia Roberts
5. Shannon Doherty
6. Mariah Carey
7. Keira Knightly
8. Shania Twain
9. Ed Norton
10. Elton John

(Answers are on next page)

E-mail CMUPLB@hotmail.com to vote for your favorite CMU faculty-celebrity and student-celebrity pairs. They may win a trip to Hollywood!

Editor’s Note: This story was contributed by a mysterious Friend of the PLB.
During the Winter Olympics, Americans view a number of unfamiliar athletic events. And since Americans are easily confused, people often ask me, “Nick, is this event I am watching a sport?” Because you see, I have a list of the things that are sports. And the things that aren’t.

Lists are preferable to definitions because they can easily be altered to suit changing circumstances. Here, then, is a selective list of some features that disqualify various activities from being sports, banishing them instead to the less attractive categories of “pastime,” “hobby,” or “parlor game.”

- Nick Yeung

<table>
<thead>
<tr>
<th>Criterion*</th>
<th>Applicable To**</th>
</tr>
</thead>
<tbody>
<tr>
<td>Subjective or Arbitrary judging; judges have no better idea than I do</td>
<td>Figure skating, gymnastics, synchronized swimming, scientific peer review, dog shows</td>
</tr>
<tr>
<td>Unnecessary</td>
<td>All running races except the 100 m and the marathon</td>
</tr>
<tr>
<td>Use of “costumes” rather than “Uniforms”</td>
<td>Figure skating, gymnastics, golf, skating, rodeo clowns</td>
</tr>
<tr>
<td>Too Slow</td>
<td>Baseball, golf, needlepoint, marathon running, anything done in water</td>
</tr>
<tr>
<td>Too Fast</td>
<td>Ping pong, 100m sprinting, anything done in mid-air, sex</td>
</tr>
<tr>
<td>No obvious physical effort</td>
<td>Darts, Nascar, tiddlywinks, shuffleboard, chess, baseball</td>
</tr>
<tr>
<td>No balls used</td>
<td>Ultimate Frisbee, hockey, boxing, fencing, men’s figure skating</td>
</tr>
<tr>
<td>Involves animals</td>
<td>Horse racing, horse jumping, hunting, fishing, chess</td>
</tr>
<tr>
<td>Not a sport</td>
<td>Figure skating, baseball, cycling, figure skating golf</td>
</tr>
</tbody>
</table>

*Note: Subject to change  **Note: Subject to change
David Rakison featured in Tribune Review!

The article happened to mention David’s scientific endeavors...
But mostly focused on his rugged-yet-sensitive appearance!
“With his long wavy black hair and goatee, Rakison looks more like a rock star than a university professor.”
To read more, go to http://pittsburghlive.com/x/tribune-review/s_425372.html

Why would a reporter mistake David R. for a rock star?

The PLB’s crack team of paparazzi photographers have uncovered some evidence that might explain the confusion!

David has been hanging out with some interesting people recently, possibly in an attempt to get some Satisfaction.

And he’s been wearing even tighter shirts and pants than usual.
Separated at Birth?
Submitted by David Rakison (e-mailed from his latest tour stop?)

Nick Yeung and Keanu Reeves - have you ever seen them at the same place at the same time? I think not.

Anna Fisher and Kristin Davis - is our newest professor talking about sex on HBO?

Erik Thiessen and Napoleon Dynamite - surely Dr. Thiessen was the inspiration for this cult character!

Ken Kotovosky and, er, Chipmunk Man - now we know why the squirrels take such a beating from our man (or rodent) Ken.

March Birthdays!

Christi Adams       March 5
Nicholas Pegg       March 10
Dara Stern          March 14
Beau Stephens       March 21
Tiago Maia          March 22

If you have a birthday -- or anything else -- you’d like to announce in the PLB, send the info to: CMUPLB@hotmail.com

And remember: it doesn’t have to be *your* birthday!
Not a lot happened at the last Faculty Senate meeting, I’m sorry to say. We heard a report from Carnegie Mellon West (top reason for putting a CMU Extension on the West Coast? “Pittsburgh is a backwater”), and approved the creation of a Public Arts Committee, which will oversee public art. Using the power of committee procedure! So right now, you might be thinking to yourself, “Wow, not a lot happened at that Senate meeting. I bet it was a short one.” You could think that, but you would be wrong.

Because the PLB has a reputation for its willingness to print hard-hitting news that some other major news outlets shy away from (translation: if you send it to us, it gets printed), we get some unusual tips. Here’s two that arrived from top-secret sources in the past two weeks. When these stories break onto the national news circuit, remember: you read it here first!

**Christianity Fights Back!**
(Left on PLB’s voice mail)

“I’m calling to thank you for your support and to give you an important update. In a few days, you will be receiving an important letter from me in a LARGE, BROWN envelope, detailing our battle plan to win this war that has come against Christians. As you know, our Christian values are under attack from ALL sides. The ACLU, radical judges in our courts, the homosexual lobby, and even some members of Congress. PLEASE read my letter about this escalating war against Christianity, and rush back the best contribution you can afford. We’ll use your donation to launch a nationwide grassroots mobilization campaign to pass legislation defending your Christian values, symbols, and traditions. Thanks again, and God bless.”

The PLB is still waiting to get that LARGE, BROWN envelope. It’s probably chock-full o’adjectives. You can’t even fit the phrase “nationwide grassroots mobilization campaign” into a small or a medium-sized brown envelope. Only a LARGE brown envelope will do.

**Hong Kong Hypnosis Crisis!**
(Received via e-mail)

“I am Chi, I sent you this email as I want to tell you that there are a hypnotism of using brain wave which was studied by Harvard University. I knew beacause I was hypnotised by a man who was a honour Phd of psychology of Harvard University. It’s true and real, I have been in this hypnosis for about a year and may be at the rest of my life as I couldn’t find someone help me.

As the Phd not only hypotised me alone but all hong kong’s people, I know you are not live in HK but I hope you remember this content and my story as it’s true, serious and important to me. All human being around the world was also hypnotised but they didn’t know. They hypnotised all people around the world intended to use this skill to set characters into their brain forcibly under their standard, conceit, excitement in managing this power like God.”

So, remember, if you’re travlling to Hong Kong, be sure to take along some anti-hypnosis measures.
The PLB has been under new management for 4 issues now. What are people saying about the new regime? To find out, the PLB asked, and we present the results of our informal survey as:

**Reader Feedback!**

“I’d like to see more Nick Yeung stories, but other than that, it’s not rubbish”
- Nick Yeung

“It’s electronic. That is to say, at least it can’t give me a paper cut”
- David Plaut

“It’s the premier journal I publish in edited by Erik Thiessen”
- Sheldon Cohen

“It is almost as brilliant as shagging”
- Anna Fisher

“It’s the only periodical I read other than Burly”
- David Rakison

“I think it’s very nice”
- Brooke Feeney

For next month:
Regular Reader Ellen Conser has a suggestion for a story next month:

Recipes for lunch leftovers that make everyone in the Department jealous when you’re reheating it in the microwave. C’mon, you know it’s happened to you: Lame-O PBJ sandwich and a bag of chips from the vending machine downstairs, meanwhile your coworker starts heating up an irresistably smelling something-or-other. If only you could get the recipe! Submit your recipe now!

Submit your recipes to CMUPLB@hotmail.com
The PLB will even offer to judge the results of the recipes. Especially if they involve bacon.