Whole School Textile Unit

During our Whole School Textile unit, we will explore the diverse textiles that we utilize every day and the ways the properties of the natural and synthetic fibers are combined to make fabrics whose characteristics fit their purpose, such as comfortable, easily washable cotton for clothing, light but warm silk for scarves and long underwear, or waterproof and breathable GoreTex for rain gear. We will investigate the processes used to get from cotton to t-shirts, sheep’s wool to sweaters, etc. Also, we will experiment with ways to dye and decorate fabrics, use fabrics to enhance the arts, and recycle textiles creatively.

To help us explore individual and cultural diversity in textile preferences and styles, we invite you to submit a photo of your Favorite Fabric, such as Dr. Carver’s woven world map made of cotton in Malawi. Please complete the enclosed label to accompany your photo on our bulletin board. In addition, as part of our unit, we plan to collect new socks and underwear of all sizes since these are the least frequently donated items in clothing drives.

We hope to see all of our Children’s School families on Thursday, March 3rd from 4:30 – 6:30 pm for our Terrific Textile Time. Be ready to create and experiment with textiles, dance and play games with textiles, etc. Let’s use our clothing colors to identify families from each class, with red for Red Room families, blue for Blue Room families, green for Green Room families, and white (the presence of all colors) for Kindergarten families. You’ll be amazed at the varieties you’ll see!

February Dates

- Friday, January 29th - Staff / Parent Disc re: TEXTILES 9:30-11:00 (child care provided)
- Tuesday, February 2nd - Vision Screening
- Wednesday, February 3rd – Kindergarten Re-enrollment Forms Sent Home in Backpacks to Current 4’s Families
- Monday & Tuesday, February 8th & 9th - School Photos
- Tuesday, February 9th – Incoming 3’s Enrollment Forms & Deposits for 2016-17 Due
- Monday, February 15th - Presidents’ Day Holiday (NO SCHOOL)
- Tuesday, February 16th – Forms & Deposits DUE for 2016-2017 Preschool 4’s
- Friday, February 19th - Forms & Deposits DUE for 2016-2017 Kindergarten Current Kindergarten Parent/Teacher Conferences in the afternoon
- Monday, February 22nd – Box Tops for Education DUE
- Thursday, February 25th - 8:30 am & 12:30 pm, Q&A with Educators (Infants & Toddlers Attend with Parents)
- Friday, February 26th - Kindergarten Parent/Teacher Conferences in the afternoon
- Thursday, March 3rd, 4:30-6:30 pm, TERRIFIC TEXTILE TIME for Families
- Friday, March 4th, Professional Development Day for Educators (NO SCHOOL)
February is Children’s Dental Health Month

The American Dental Association (ADA) sponsors National Children’s Dental Health Month to raise awareness about the importance of oral health. Developing good habits at an early age and scheduling regular dental visits helps children start a lifetime of healthy teeth and gums. The ADA states that the most important concepts for preschool children to know are (1) our teeth are important, (2) we need to take good care of them, and (3) the dentist is a friendly doctor who helps you take good care of your teeth. Teeth are meant to last a lifetime. A balanced diet, limited snacks, brushing and flossing each day, and a regular check-up are the keys to healthy teeth and gums.

For programs where children are older than one year and receive two or more meals, NAEYC (5.A.16) promotes good dental hygiene by requiring the staff to provide an opportunity for tooth brushing and gum cleaning to remove food and plaque. At the Children’s School, since our children are not here for two or more meals, we talk about brushing our teeth and good dental hygiene. We also encourage children to rinse their mouths with water after eating. However, just as you encourage hand washing when your children come home from school, you should also encourage them to brush their teeth.

Please note that, in compliance with Caring for Our Children 8.015, we require contact information for your family dentist on your child’s re-enrollment information update.

Valentine’s Day

February is also the month when some families celebrate Valentine’s Day. Though the holiday falls on a weekend this year, each class may plan a simple celebration, perhaps preparing a special snack, reading a related story, etc. Please watch the daily emails for specific information from your child’s teachers. As always, children will have access to card making materials in the writing centers for use if they are interested in sending greetings to family and friends. Please do not send candy or any other food items for distribution to your child’s classmates.

Box Tops for Education

Continue to save your Box Tops and submit them to the Children’s School office by February 22, 2016!! To date this year, we have raised $61.30 via Box Tops for Education. Help us reach our goal of $1,000!

Box Tops for Education has helped America’s schools earn over $600 million since 1996. You can earn cash for the Children’s School by clipping Box Tops coupons from hundreds of participating products. Box Tops also offers easy ways to earn even more cash online at http://www.boxtops4education.com/.
February Gallery Features

3’s Friends: Alisa B., Isaiah B.-S., and Conor H.

4’s Friends: Cash H., Robin M., Betsy M. and Grace S.

Kindergarten Friends: Sara H. and Campbell S.

Library Committee News

The library committee has been reviewing books for preschoolers designed to help them deal with grief and loss so that we can purchase some appropriate texts to loan to our families. They have also reviewed books concerned with creativity to support the work that the students and teachers are doing in our Make Shop, and many of these have already been purchased or donated.

Vision Screening / Speech & Hearing Results

On February 2nd, the Blind & Vision Rehabilitation Services of Pittsburgh will screen our children for vision issues. There is no charge for this service. If you have not registered your child for this screening but would like to do so, please contact Mrs. Rosenblum at rosenblu@andrew.cmu.edu.

The results of our January Hearing, Speech, and Language screening demonstrate the importance of checking for potential problems. The screening process flagged three Preschool 3’s, two Preschool 4’s, and three Kindergartners for additional diagnostics to check for issues in need of intervention.

School Picture Days

On February 8th & 9th, Jessica VanDyke of VanDyke Photography will be taking school pictures of our children. Jessica starts by photographing the youngest children and then works up through the kindergartners. We would suggest sending your children in “picture clothes” on February 8th and be aware that the older children may need “picture clothes” for the second day. Please feel free to send “school clothes” in your child’s backpack so the teachers can change the children’s outfits after they have been photographed. Parents will be able to view hard copy proofs before placing orders for pictures.

Lost and Found

We have accumulated quite a collection of jackets, barrettes and other items of unlabeled children’s clothing. If your child is missing anything, please look in our lost and found area in the hallway or send a note to your child’s teacher with a description and we will see if we have it!
Family Social Organization Fun

The gym at Gymkhana was lit up by the joyful faces of Children's School friends and families at our event on January 10th. About 29 friends and siblings stretched, jumped, balanced, climbed and braved the zip line together! Thanks to all who participated!

On a very cold January 18th, about 14 Children's School families braved the weather and visited the Pittsburgh Aviary. Children enjoyed the Little Peepers Early Learners activity, watched a Wetlands Bird Feeding, made a craft for Flamingo Fest, and saw many interesting birds and bats in the exhibits. Some families even chose to see a free flight, live bird show and participate in a lorikeet feeding!

We hope you'll join the fun in February!
Family Social Organization for February

A flyer of upcoming FSO Winter and Spring events was sent via the children’s backpacks, so please review it so you can plan ahead to participate.

February 15th is a NO SCHOOL day due to Presidents’ Day. Please join us at the Carnegie Science Center for **Munchkin Monday**. There will be themed activities for ages 2-6 and preschoolers will get up close to exciting science concepts, while having fun with hands on activities and socializing with other little learners. This also includes four floors of exhibits and Highmark Sportsworks. Activities run from 10-2 and the group rate is $8 per person. Memberships do not apply. Please RSVP by sending an envelope marked “FSO Science Center” with your name and the number of people attending to the office by February 8th. An email invitation will be sent with more details. If you have questions or comments, please contact Jessica Simcox at jsimcox5@gmail.com.

Also, see the Undergraduate Spotlight later in this newsletter for notice of a **Family Math Fun** event on Saturday morning, February 20th at the Children’s School.

Family Fun around town in February

- **February 6th** - Fiddlesticks Family Concert - Dance with the Pittsburgh Symphony Orchestra. Shows start at 11:15am and you can tour the theatre beforehand with activities starting at 10 am. [http://www.pittsburghsymphony.org/production/45155/fiddlesticks-family-concert-dance](http://www.pittsburghsymphony.org/production/45155/fiddlesticks-family-concert-dance)

- **February 7th** – “Room on a Broom” at the Byham Theatre, also seven other performance dates around the city. [http://trustarts.culturaldistrict.org/production/46410/room-on-the-broom](http://trustarts.culturaldistrict.org/production/46410/room-on-the-broom)

Free events

- **February 6th** - Various Home Depot locations are offering a Valentine Mailbox workshop from 9-12. [http://workshops.homedepot.com/workshops/kids-workshops](http://workshops.homedepot.com/workshops/kids-workshops)

- **February 13th**
  - Kids Create Valentine’s Cards - Mt. Washington Carnegie Library - 11 am - 3 pm (Birth to Grade 5) Children will explore a variety of materials and express creativity while developing fine motor coordination, listening skills and the ability to follow directions.
  - Get Heart Healthy Special - East Liberty Carnegie Library - 11 am – 12 pm (Ages 3-5) Share interactive rhymes/songs and use books to expand imagination and develop literacy skills.

**February 14th - *Correction* There WILL NOT be a Valentine’s Day Make and Take Craft, from 1:00 until 4:00 pm at the Carnegie Library in Oakland. There WILL BE a Mancala (African game) making event that day from 12 - 2 pm.

If you have a current Phipps membership that is valid until the end of February 2016, you can enjoy free admission days at other Pittsburgh cultural attractions. More details below: [https://phipps.conservatory.org/calendar/detail/we-heart-our-members-february-free-days](https://phipps.conservatory.org/calendar/detail/we-heart-our-members-february-free-days)

Please contact FSO chairs Alexis alexiscoupe@aol.com and Jess jsimcox5@gmail.com with any ideas, questions or concerns.
Family Spotlight: **The Smiths Start with a Sweater**

It all started with a sweater, an ugly sweater to be exact. Kendal’s father, Kyle and I (Janica) met at an ugly Christmas sweater party over the 2009 holiday season in Detroit, Michigan. The sweaters were hideous but hilarious and we had instant chemistry; months later we decided to get married. During this time, I was promoted to Assistant Product Manager in New York, NY and Kyle took a position as a Chemical Engineer in Pittsburgh. After the wedding bells, came the joyous cries of our energetic baby girl, Kendal Lillian. We planted roots in Pittsburgh and started a new chapter together as parents. Kyle forged ahead in his role and I took a new position as a Stay at Home Mom.

Pittsburgh brought many adventures and lasting memories - from baseball games at PNC Park to rooting for the Penguins at Consol Energy Center to our yearly Noel Night at the Children’s Museum. We took classes at Gymboree and sang songs with Kindermusik at the JCC. We loved spending time at Frick Park Blue Slide Playground and hosted Kendal’s first birthday party at the Pittsburgh Zoo. We spent summer days at Idlewild, Kennywood and local fairs, enjoyed evenings at the Dependable Drive In, attended birthday parties with Kendal's friends, and visited numerous Pumpkin Patches. Kendal ran in the Junior Great Race 2 years in a row! In the summer of 2015, Pittsburgh became the birthplace for our second daughter, Sage Alexandria.

We were amazed by the warmth and attentiveness of the staff and left knowing that this was the best option for our family. Kendal started in the fall of 2014 under the amazing leadership and guidance of Mr. Salinetro and Mrs. Tomer. We could not have asked for a better pairing of teachers. From Mrs. Tomer’s loving and patient personality to Mr. Salinetro’s humorous and easy-going nature, Kendal flourished. It was a pure joy to see her face light up as she would walk hand in hand with a staff member into school. Her transition to Mrs. Cherin and Mrs. Wendolowski’s class was seamless because of their participation with her during the school year. The 4’s program gave us a true look into Kendal's fun loving, outgoing and charismatic personality. It also gave her a chance to express her love for all things pretend and was a great outlet for her to perform and build a voice. We thank both teachers for encouraging her to be her best self and for listening to her many knock-knock jokes and tales of adventures.

One of our joys is when Kendal surprises us with new facts, phrases, and songs. We are so pleased to see the enthusiasm she has going to school, from making sure she has everything in her backpack to obtaining a new job for the week (snack helper being her favorite). Her initial response when asked about school is normally, “School was awesome.” She has the brightest smile when speaking about her activities or interactions with friends. Beyond the classroom, we have forged some lifelong relationships with other parents. The kindness and openness that we have received from everyone cannot be expressed in words, and we are thankful to the Children's School for being the center of this connection. It is with a heavy heart that we say farewell to all the friends we have made here. From the administrators to the teaching and support staff, we offer you our sincerest thanks and wish you all the best in the years to come. The Children’s School will always hold a place in our hearts as where our daughter’s foundation in education was built.
URGENT: Scholarship Funding Needed

The Children’s School participates in the state’s Educational Improvement Tax Credit (EITC) program as well as the Opportunity Scholarship Tax Credit (OSTC) program. Both programs allow eligible businesses to earn tax credits by donating money for scholarships.

Through EITC, eligible Pennsylvania businesses can earn tax credits while providing financial assistance for children to attend preschool, as well as grades K-12. Thus far in 2015-16, we have received contributions from Waste Management and Beth’s Barricades. Special thanks to the Nury family (owners of Beth’s Barricades and Children’s School Alums) for their generous donation!

Through OSTC, eligible Pennsylvania businesses can earn tax credits for contributing funds to provide tuition assistance in the form of scholarships to eligible students in K-12th grades and residing within the boundaries of a low-achieving school to attend another public school outside of their district or a nonpublic school. In 2015-16, The Children’s School OSTC Program is funding 29 students, Kindergarten – 12th grade, in 12 different schools throughout Allegheny and Westmoreland counties.

Due to the Pennsylvania State budget impasse, the funding to support the EITC and OSTC Scholarships has been significantly delayed. As a result, all of the scholarship organizations in Pennsylvania are in danger of having little or no funding for scholarships in 2016-17. Because about 35% of our children depend on approximately $100,000 in scholarships to attend the Children’s School, we are seeking alternate funding.

Please consider making personal or business donations to the Children’s School’s new Ann Baldwin Taylor Early Childhood Scholarship Fund via the Children’s School website. We would appreciate your sharing this need with other individuals within your sphere of influence who may have resources to share so that children of all economic levels can benefit from the Children’s School’s developmentally appropriate program.

According to the Intercultural Development Research Association there is significant return on investment in early childhood education.

For links to the research, see
http://www.idra.org/Quality_Early_Education/Semillitas_project/Benefits_of_Early_Childhood_Education/

• “Each dollar invested in quality early childhood education results in a $7 return.” (National Dropout Prevention Center/Network, 2012)
• “Because quality early education increases a child’s likelihood to do well in school, graduate high school, and attend college or job training, quality early education can increase a child’s potential earnings as an adult by up to 60 percent.” (Pennsylvania Early Learning Investment Commission)
• “A key factor in economic growth is the quality of the workforce. Children who attend quality pre-kindergarten are more likely to be employed and have higher earnings, thus positively contributing to the tax base. Annual rates of return on preschool investments are estimated at 10 percent or higher each year over the students’ lifetimes, exceeding the 6 percent to 7 percent average rate of return typically expected of government programs and the stock market.” (Committee for Economic Development, Pew Charitable Trusts, 2006)
• “In the short-term, access to free or low-cost reliable childcare increases the employment rates of parents up to 20 percent.” (Pennsylvania Early Learning Investment Commission)
Keeping Healthy During Flu Season

We have all heard advice concerning flu prevention. Below is a description of flu symptoms from the Centers for Disease Control and Prevention website:

Influenza (also known as the flu) is a contagious respiratory illness caused by flu viruses. It can cause mild to severe illness, and at times can lead to death. The flu is different from a cold. The flu usually comes on suddenly. People who have the flu often feel some or all of these symptoms:

- Fever* or feeling feverish/chills
- Sore throat
- Muscle or body aches
- Fatigue (tiredness)
- Cough
- Runny or stuffy nose
- Headaches
- Some people may have vomiting and diarrhea (more common in children than adults)

* It's important to note that not everyone with flu will have a fever.

With this in mind, we encourage everyone to continue to follow the Children’s School Family Handbook Guidelines for exclusion due to illness. If your child does not feel well enough to comfortably participate in usual program activities, including playground and gym class, please keep your child home from school.

In addition, we ask that everyone who comes into the Children’s School, including family members, wash their hands using the procedures recommended by the National Association for the Education of Young Children. Rub hands together vigorously until a soapy lather appears and continue for at least 10 seconds. Rub areas between fingers, around nail beds, under fingernails, jewelry, and back of hands and continue for 10 seconds. The children are being taught a more detailed version using the following hand washing song (to the tune of Row, Row, Row Your Boat).

Slide, slide, slide your hands. Make a bridge like this. Don’t forget both bracelets. Then you have to twist!

Also, here are some tips from University Health Services for preventing the spread of the flu.

- Stay home, especially if you have a fever.
- Cover your mouth and nose when coughing or sneezing by using tissues or the crook of your elbow.
- Avoid touching your mouth and face after touching public surfaces like doorknobs and keyboards.
- Wash your hands often with soap and water or an alcohol-based hand rub.
- Do not share keyboards or other mobile devices; wipe them with a cleaning agent before use.

Thank you for your continued attention to the health and wellness of our Children’s School Family!
6th International Practicum Experience

For the past two weeks, we hosted two early childhood education students, Dam Eun (Eileen) Kim and Sung Mi Kim from Duksung Women’s University in Seoul, South Korea. Six other students engaged in practicum experiences at the Carlow University Campus School, the Falk School, or the University Child Development Center. In addition to touring Pittsburgh, visiting diverse centers, planning with our educators, and teaching in our classrooms, the students visited the Fred Rogers Center, learned about professionalism at PAEYC, attended an Early Childhood Education class at Pitt, toured Pitt’s Nationality Rooms and Phipps Conservatory, etc. They bravely practiced their English and boldly faced the challenge of our cold, snowy weather. They also enjoyed the comfort and companionship of their hosts – the Aronson family. Thanks to everyone who helped make their Pittsburgh experience so positive, productive, and memorable!

We also appreciate the ways that the Duksung students’ involvement with our educators and children enriched our learning experiences in January. While the preschoolers were learning about Children Around the World, Eileen and Sung Mi shared children’s games, traditional clothing, paper folding, etc. with the children. Thanks for helping broaden our views of the world!
Undergraduate Spotlight

Anthony DiDonato (Sophomore, Humanities & Arts)

The Children’s School has a special place in my heart. I graduated from the kindergarten at the Children’s School in May 2001 and have so many pleasant memories. When I walked into the office early September of this year, it was the first time I had been back since leaving for the summer before first grade, and I did not expect anyone to remember me. I was 100% wrong. The moment I stepped in I was welcomed with delighted faces and even a few surprised shrieks. I immediately embraced all of my teachers and was reminded of the positive impact the Children’s School has on people, young or old, first-timers or kindergarten graduates!

This is my second semester working here; and after being reintroduced to such a wonderful atmosphere, I regret not beginning freshman year. The teachers at the Children’s School are some of the most genuine people I have ever met. From the teachers to interns, the abundance of support, friendliness, and love shared is truly that of a family. No matter how tired I am, or how my day has started, when I enter the Children’s School Wednesdays at 1 pm, my day is immediately better. And how could it not? Being greeted by smiling faces and hearing high-pitched voices of blissfully happy children would warm anyone’s heart.

The kindergarten friends, whether they know it or not, will leave a lasting impression on some of my memories at Carnegie Mellon. Each friend is extremely unique, and after getting the chance to sit down and talk to them, I really got a feel for their personalities. Whether it’s helping them work through specific tasks, listening to the reasoning behind the pictures drawn in their journals, or even just having a casual conversation, I enjoy all of my interactions with the kindergarten friends. There’s nothing much better than walking into the kindergarten room and having a friend pop his or her head up to say hello. I will truly miss all the Children’s School has to offer when I graduate from Carnegie Mellon. If I end up staying in Pittsburgh and raising a family, my children will attend the Children’s School, if only to give their dad an excuse to keep visiting!

Family Math Fun

CMU students from the Mortar Board Senior Honor Society are hosting a family event at the Children’s School on Saturday, February 20th from 10am to Noon. Please join Children’s School and Cyert Center families for activities and games involving shapes, numbers, patterns, etc. We’ll be celebrating the number 100 since we’ll have just passed the 100th day of school. Dr. Carver is the group’s faculty advisor, and April Tillinghast, a kindergarten intern, is the Vice President. Watch for more information and a chance to RSVP via email.
Children’s School

February 2016

Research Spotlight

Research Methods Class – The Mouse Game

Students in Dr. Stephanie Siler’s Developmental Research Methods class will start the semester with a lab entitled The Mouse Game. They will work in pairs and small groups to conduct a study of whether very young children are able to test a simple hypothesis. Children in first- and second-grades have been found to be able to test a simple hypothesis in a well-structured task. However, it is unclear whether younger children are able to do so and when this ability first emerges. Previous research has shown that, in tasks in which children are asked to test a hypothesis, they often instead adopt the goal of creating a practical outcome, i.e., more of an engineering goal than a science goal. In fact, even older children—those in late elementary and middle school—often apply practical goals when given lessons on science inquiry, which impedes their learning of key experimental principles, like the importance of controlling variables.

To assess whether children are able to test a hypothesis, in this project, children are read a story in which a pair of siblings discover that a mouse is living in their house. However, they disagree on whether the mouse is big or small. They decide to try to determine whether the mouse is large or small by leaving mouse food in a box that has either a small entrance (where only a small mouse could enter to eat the food) or a box with a larger entrance (where either a small or a large mouse could enter). The child’s task is to choose the box that will allow the siblings to discover whether they have a small or large mouse. Afterward, the child is asked which box to use in order to feed the mouse (regardless of whether it is large or small). This last question assesses the child’s ability to apply a practical goal.

A secondary question investigated in this study is whether the amount of detail included in pictures shown to children in this task affects their performance. To address this question, in one condition, children are shown pictures that are minimally detailed (e.g., see the pair of mice shown to the left below). In a second condition, children are shown pictures that included more potentially-distracting detail (see the pair of mice shown to the right below).

Because hypothesis testing is a fundamental aspect of science inquiry, the findings of this project may inform educational practices designed to support learning of science inquiry skills, in particular, how much detail to include in instructional images. Results from this study may also inform theories of cognitive development and inform educational practices, such as when it is feasible to introduce hypothesis testing in the school curricula.
Director’s Corner: Textile Math

Our whole school study of Textiles affords abundant opportunities to deepen children’s foundational math concepts in fun ways. With the diversity of fabrics around us, we can easily ask questions to help us explore all five domains of math: How Many? What Shape? What Patterns? How Big? How Frequent? As I’ve mentioned in previous articles, the process begins with simply noticing that math is everywhere, just ready for us to explore. For example, as I sit in my favorite spot in my den at home to write this article, there are 5 pillows within easy reach, each with a different textile cover (and most likely varied textile fills).

Here are some ideas about how to engage children in conversations about the math that is literally woven or sewn into the fabrics:

1) **Number & Operations** (Arithmetic) – Certainly, there’s lots to count here, but also think about the ways that counting one part of a regular arrangement (such as the center squares) can be used to also tell you the number of dots, rings, and outer squares without having to count. Also consider whether there are more birds, flowers, or leaves, and for older children how many more.

2) **Patterns & Functions** (Algebra) – Patterns are most obvious horizontally and vertically on one pillow but diagonally on another. On closer inspection, one can see the in and out pattern of embroidery on the pinecone pillow, the warp and weft on the woven pillows, and the up and down of zigzag stitches on the metallic circles design.

3) **Shapes & Spatial Arrangements** (Geometry) – Here the circles and squares are the most obvious and easily named shapes, so start with those, add new terms like “concentric”, and note that some shapes are created by lines while others are created by arrangements of smaller shapes. Challenge more advanced children with naming and identifying symmetry in less regular shapes, like the leaves, berries, flowers, house, etc.

4) **Measurement** – Begin with comparative size by arranging the pillows from biggest to smallest or thickest to thinnest. For older children, discuss the problem of the rectangular pillow being longer but narrower than the largest square one. Which IS biggest? Maybe prove your point by measuring.

5) **Data Analysis & Probability** (Statistics) – With these pillows, or better yet with all the pillows in the house, we could create physical pillow bar graphs to learn the frequency of square vs. rectangular pillows (4 to 1), patterned vs. scenes (3 to 2), cotton vs. synthetic (1 to 4), etc.

Clearly, you can go as far as your imagination and the children’s interest takes you. Enjoy!
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Children’s School
CMUCHSch@andrew.cmu.edu http://www.psy.cmu.edu/cs/ 412-268-2199
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<td>Hummus w/ Pita Chips</td>
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<tr>
<td>15</td>
<td>NO SCHOOL</td>
<td>Milk/Water</td>
<td>16</td>
<td>Bagels w/ Cream Cheese</td>
</tr>
<tr>
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<tr>
<td>17</td>
<td></td>
<td></td>
<td></td>
<td>Carrots w/ Ranch Dressing</td>
</tr>
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</tr>
<tr>
<td>22</td>
<td>Goldfish</td>
<td>Juice/Water</td>
<td>23</td>
<td>Oranges</td>
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</tr>
<tr>
<td>24</td>
<td>Saltines w/ Jelly</td>
<td>Milk/Water</td>
<td>25</td>
<td>Applesauce w/ Graham Crackers</td>
</tr>
<tr>
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</tr>
<tr>
<td>29</td>
<td>String Cheese</td>
<td>Milk/Water</td>
<td></td>
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</tr>
</tbody>
</table>

The Children’s School Snack Menu
Name:
My favorite textile is ...
because ...

This textile came from (who? where?) ...

Name:
My favorite textile is ...
because ...

This textile came from (who? where?) ...
Let it Snow! Outdoor Ideas for Family Fun

• Shovel Away! Have everyone help clear the snow from walks, cars, etc. If you have extra time and energy, help a neighbor!

• Go sledding, snow tubing, ice skating, skiing, etc.

• Make snow angels.

• Have a snowball battle.

• Make a snow family or other snow sculptures.

• Fill spray bottles with food color and water to paint now.

Heather Riggleman
http://herviewfromhome.com/36-snow-day-activities-and-ideas-for-your-kids/
Let it Snow! **Indoor Ideas for Family Fun**

- Enjoy hot cocoa after your outdoor snow fun.

- Fill your bathtub with snow and do snow play with gloves inside. Add some sturdy plastic bowls and cups so you can make snow castles.

- Make snowflakes from coffee filters. Simply fold in half several times and then cut basic shapes on the folds. Unfold the coffee filter to see your design.

- Make pretend snowballs by stuffing & rolling white socks. Then arrange buckets or baskets as targets and toss away!