Extended Version of the Personal Attributes Questionnaire

**Instructions:** The items below consist of a pair of contradictory characteristics--that is, you cannot be both at the same time. The numbers form a scale between the two extremes. You are to circle the number that describes where you fall on the scale.

- not at all arrogant 1 2 3 4 5 very arrogant
- not at all independent 1 2 3 4 5 very independent
- not at all emotional 1 2 3 4 5 very emotional
- looks out for self 1 2 3 4 5 looks out for others
- very passive 1 2 3 4 5 very active
- not at all egotistical 1 2 3 4 5 very egotistical
- difficult to devote self completely to others 1 2 3 4 5 easy to devote self completely to others
- very rough 1 2 3 4 5 very gentle
- not at all helpful to others 1 2 3 4 5 very helpful to others
- not at all boastful 1 2 3 4 5 very boastful
- not at all competitive 1 2 3 4 5 very competitive
- not at all kind 1 2 3 4 5 very kind
- not at all aware of others' feelings 1 2 3 4 5 very aware of others' feelings
- can make decisions easily 1 2 3 4 5 has difficulty making decisions
- not at all greedy 1 2 3 4 5 very greedy
- gives up easily 1 2 3 4 5 never gives up
- not at all self-confident 1 2 3 4 5 very self-confident
- feels very inferior 1 2 3 4 5 feels very superior
- not at all dictatorial 1 2 3 4 5 very dictatorial
- not at all understanding of others 1 2 3 4 5 very understanding of others
- not at all cynical 1 2 3 4 5 very cynical
- very cold in relations with others 1 2 3 4 5 very warm in relations with others
- not at all hostile 1 2 3 4 5 very hostile
- goes to pieces under pressure 1 2 3 4 5 stands up well under pressure
These items are taken from Spence et al.’s (1979) Extended Version of the Personal Attributes Questionnaire


**Agency**

independent
active
competitive
can make decisions easily
never gives up
very self-confident
feels very superior
stands up well under pressure

**communion**

electrical
easy to devote self to others
gentle
helpful
kind
aware of others’ feelings
understanding
warm

**unmitigated agency**

arrogant
boastful
egotistical
greedy
dictatorial
cynical
hostile
looks out for self