

Sex: Male Female

SS#: _____

Extended Version of the Personal Attributes Questionnaire

Instructions: The items below consist of a pair of contradictory characteristics--that is, you cannot be both at the same time. The numbers form a scale between the two extremes. You are to circle the number that describes where you fall on the scale.

not at all arrogant	1	2	3	4	5	very arrogant
not at all independent	1	2	3	4	5	very independent
not at all emotional	1	2	3	4	5	very emotional
looks out for self	1	2	3	4	5	looks out for others
very passive	1	2	3	4	5	very active
not at all egotistical	1	2	3	4	5	very egotistical
difficult to devote self completely to others	1	2	3	4	5	easy to devote self completely to others
very rough	1	2	3	4	5	very gentle
not at all helpful to others	1	2	3	4	5	very helpful to others
not at all boastful	1	2	3	4	5	very boastful
not at all competitive	1	2	3	4	5	very competitive
not at all kind	1	2	3	4	5	very kind
not at all aware of others' feelings	1	2	3	4	5	very aware of others' feelings
can make decisions easily	1	2	3	4	5	has difficulty making decisions
not at all greedy	1	2	3	4	5	very greedy
gives up easily	1	2	3	4	5	never gives up
not at all self-confident	1	2	3	4	5	very self-confident
feels very inferior	1	2	3	4	5	feels very superior
not at all dictatorial	1	2	3	4	5	very dictatorial
not at all understanding of others	1	2	3	4	5	very understanding of others
not at all cynical	1	2	3	4	5	very cynical
very cold in relations with others	1	2	3	4	5	very warm in relations with others
not at all hostile	1	2	3	4	5	very hostile
goes to pieces under pressure	1	2	3	4	5	stands up well under pressure

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These items are taken from Spence et al.'s (1979) Extended Version of the Personal Attributes Questionnaire

Spence, J. T., Helmreich, R. L., & Holahan, C. K. (1979) Negative and positive components of psychological masculinity and femininity and their relationships to self-reports of neurotic and acting out behaviors. *Journal of Personality and Social Psychology*, 37, 1673-1682.

Agency

independent
active
competitive
can make decisions easily
never gives up
very self-confident
feels very superior
stands up well under pressure

communion

emotional
easy to devote self to others
gentle
helpful
kind
aware of others' feelings
understanding
warm

unmitigated agency

arrogant
boastful
egotistical
greedy
dictatorial
cynical
hostile
looks out for self