

PSS-4 scores are obtained by reverse coding items 2 and 3 and then summing the reverse coded items with the remaining items. For example:

Item	Raw Data	Coded Data
1	0	0
2	4	0
3	1	3
4	2	2
Score		5

PSS-10 scores are obtained by reverse coding items 4, 5, 7, and 8 and then summing the reverse coded items with the remaining items. For example:

Item	Raw Data	Coded Data
1	0	0
2	4	4
3	1	1
4	2	2
5	0	4
6	3	3
7	4	0
8	1	3
9	3	3
10	1	1
Score		21

PSS-14 scores are obtained by reverse coding items 4, 5, 6, 7, 9, 10, and 13 and then summing the reverse coded items with the remaining items. For example:

Item	Raw Data	Coded Data
1	0	0
2	4	4
3	1	1
4	2	2
5	0	4
6	3	1
7	4	0
8	1	1
9	3	1
10	1	3
11	2	2
12	2	2
13	0	4
14	4	4
Score		29